

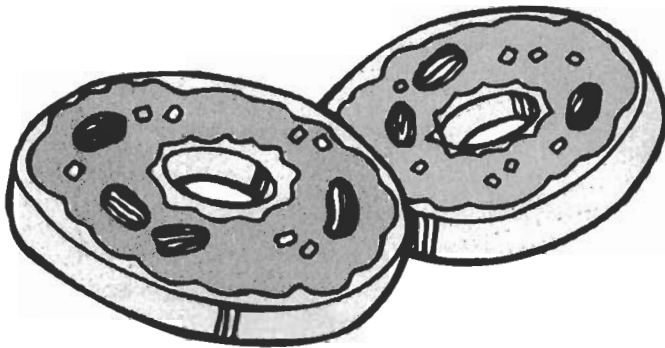
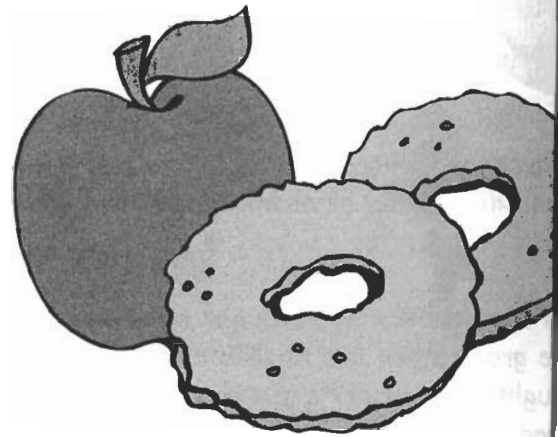
Appealing Apple Recipes

Hot Apple Rings

Ingredients

1 c. biscuit mix
1 egg
1/2 c. milk
2 medium apples, peeled and cored

Use an electric mixer to beat the biscuit mix, egg, and milk until smooth. Grease an electric frying pan or stove top skillet with margarine. Cut the apples crosswise into 1/8" slices. Dip each slice into the batter; then cook in the pan until golden brown, turning once. Serve warm with jelly, syrup, or powdered sugar. This recipe makes about 2 dozen.



Apple Doughnuts

Ingredients

apples
raisins
peanut butter
small fruit chunks

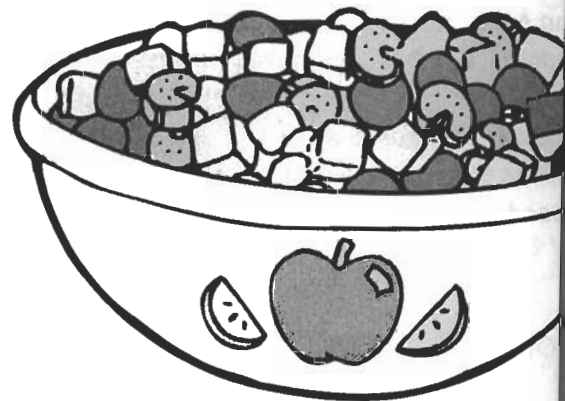
Core several whole apples, then slice the apples so that each slice will have a center hole, creating an apple doughnut shape. Let children use craft sticks to spread peanut butter over their apple slices, then have them choose fruit chunks to set into the peanut butter and decorate their doughnuts.

Johnny Salad

Ingredients

6 c. pared, cubed apples
2 c. celery, sliced
1 c. seedless grapes
vanilla yogurt

Combine the apples, celery and grapes. Toss lightly. Stir in just enough vanilla yogurt to moisten the pieces.



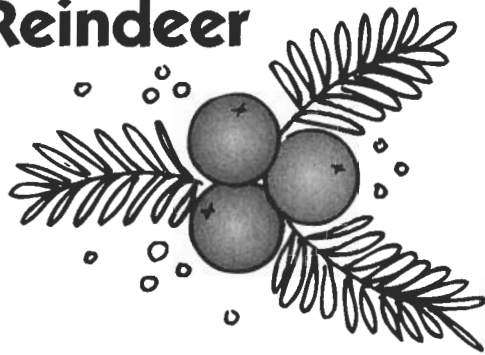
The Tasty Reindeer

Materials

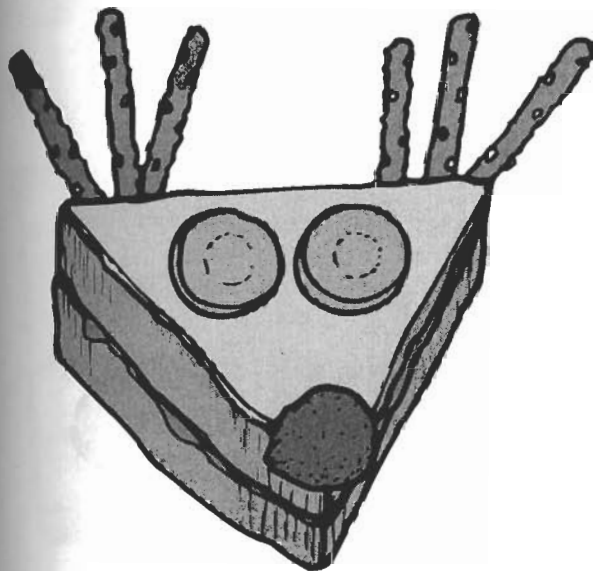
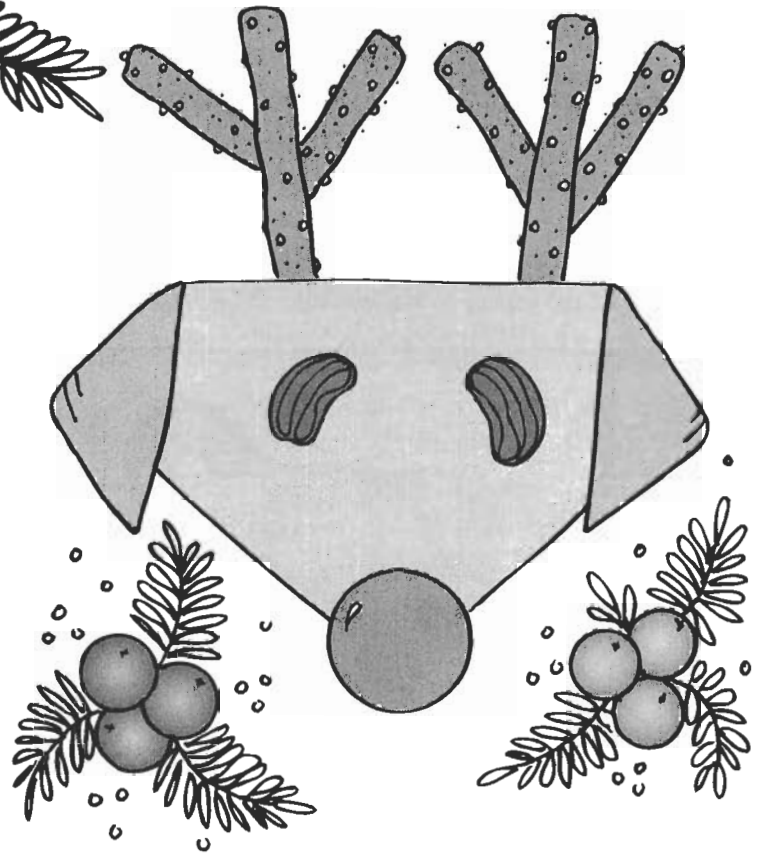
- paper napkin
- scissors
- red apple
- thin pretzel sticks
- raisins
- nuts or a cracker

Directions

1. Fold a square napkin into a triangle shape. Then fold the top two corners down to make Rudolph's ears.
2. Cut two slits on the folded side of Rudolph's head.
3. Place pretzel sticks in the slits to make Rudolph's antlers.
4. Place raisins on the napkin for Rudolph's eyes.
5. Polish a red apple till it's shiny. Ask an adult to cut off a round slice of the apple. Place the slice on the bottom corner of the napkin to be Rudolph's shiny red nose.
6. Eat Rudolph (except for the napkin, of course). Make more Rudolchs, or make Rudolph's reindeer friends with a few nuts or a small cracker for their brown noses.



Rudolph



Reindeer Sandwiches

This fancy sandwich is sure to put smiles on the children's faces. They can even help in the preparation. You will need whole wheat bread, peanut butter, jelly, pretzel sticks, sliced carrot rounds, and small red gumdrops. Cut a slice of bread into two triangles. Fill triangles with peanut butter and jelly. Insert six pretzel sticks (three on each side) to the top of the sandwich for antlers. Put on carrot eyes and a red gumdrop nose at the tip.

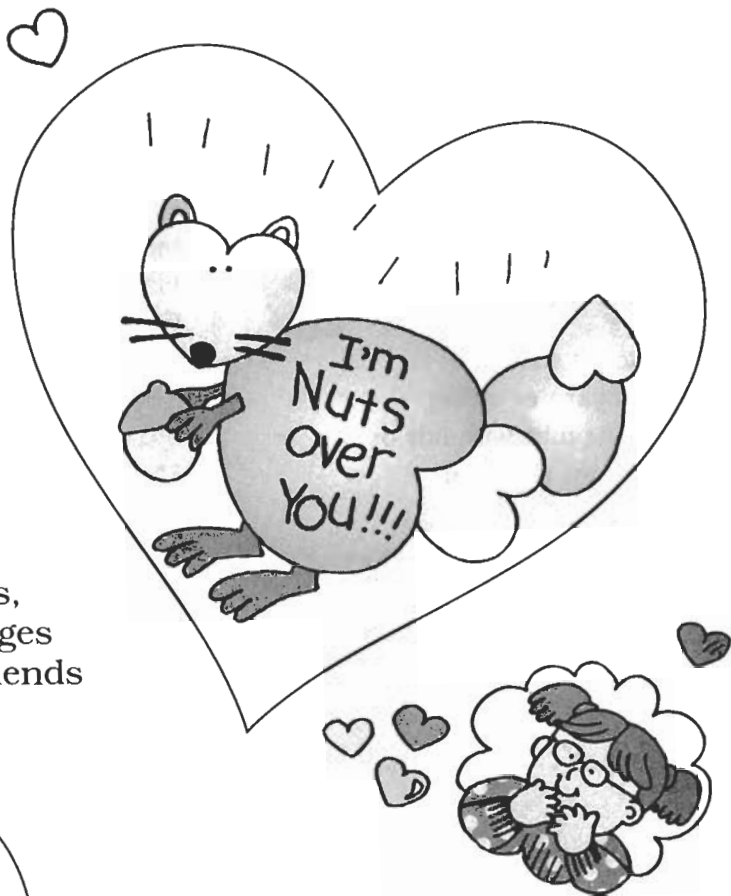
Candy Bar Wrapper Valentines

Save candy bar wrappers for this project. Children cut large paper hearts and combine a few written words with words cut from the candy bar wrappers to create a valentine message. For example, "Valentine, you send me to Mars" (using a Mars® bar wrapper), or "Valentine, for you I would travel the Milky Way" (using a Milky Way® wrapper) or "Hugs and Kisses" (using Hershey's Kisses® wrappers).



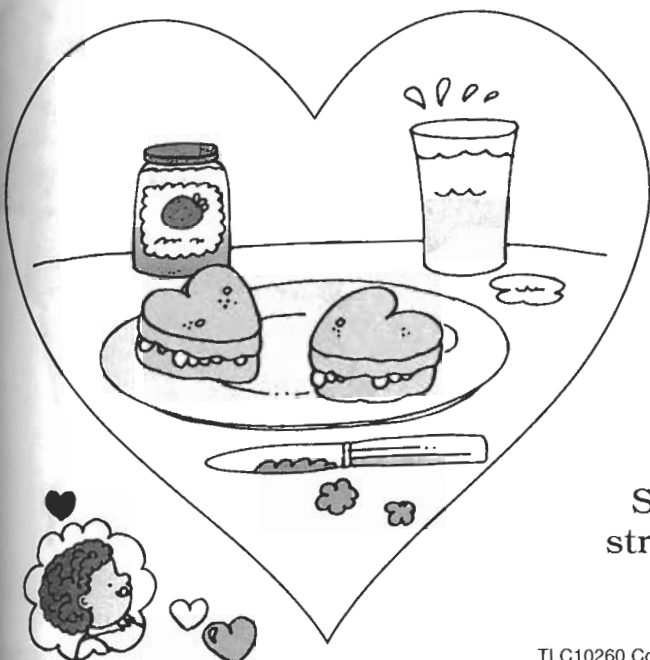
Valentine Heart Animals

Children trace hearts of all sizes and colors, not just the traditional red, pink, and white hearts. The hearts are cut out and put together to create animals. Use the scraps to make ears, faces, and tails. Children write valentine messages on the animals and present them to friends and family.



Jelly Heart Sandwiches

Make sandwiches with strawberry jelly. Place a heart-shaped cookie cutter in the center of the sandwich and press firmly to make heart-shaped sandwiches. Munch on the scraps and set the sandwiches aside until everyone has had a turn. Serve the jelly heart sandwiches with pink strawberry-flavored milk or red fruit punch.



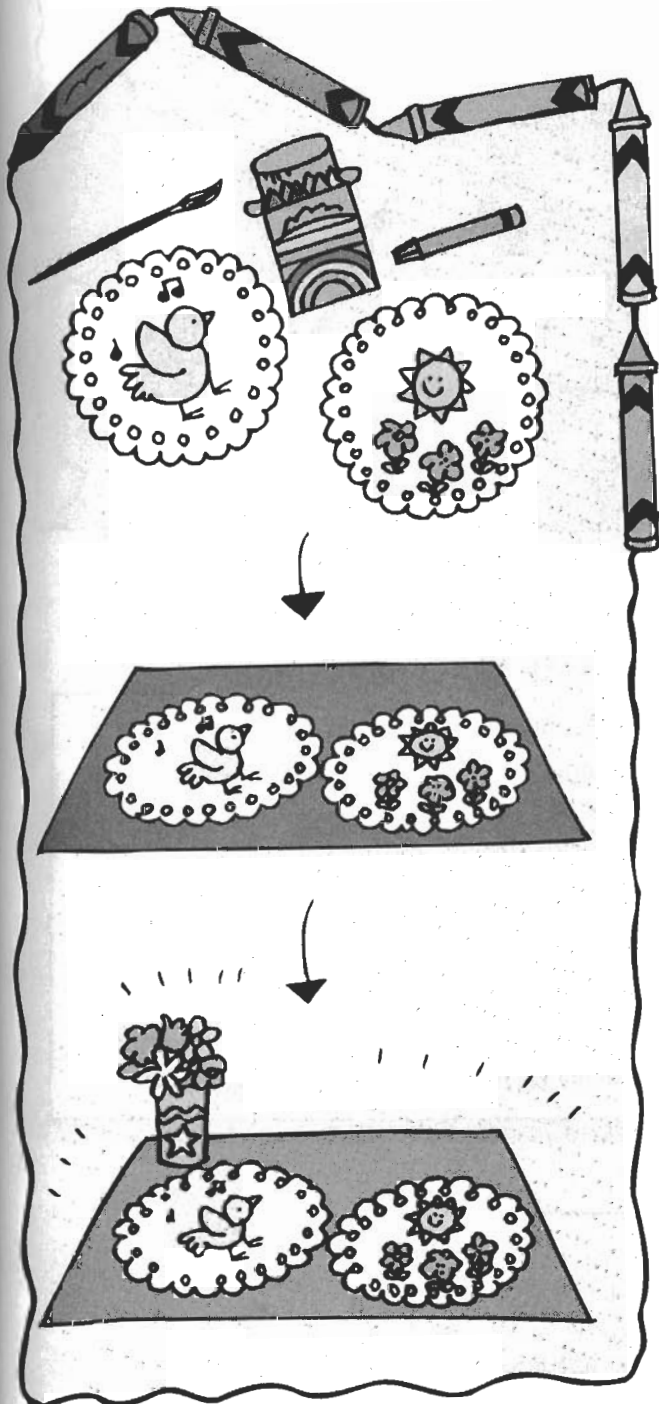


Singing to Mom

Teach children this simple little song so they can go home and sing it to their mothers at the breakfast or tea.

To the tune of "Twinkle, Twinkle, Little Star"

Do I love you? Yes I do,
And I'm thankful just for you.
You are what a mom should be,
Working hard and helping me,
Showing love in all you do.
Thank you, Mom. I love you, too.



Mother's Day Place Mat

1. Children decorate two large white paper doilies with colorful artwork.
2. Glue the doilies on a 12" x 18" sheet of red or pink construction paper.
3. Cover with clear self-adhesive plastic, if you wish.
4. Decorate a film container with stickers and glitter.
5. Use hot glue to attach the container to the top left corner of the place mat. (You'll need adult help with the glue gun.)
6. Make small paper flowers, or collect small twigs to put in each vase. Use the place mats for Mother's Day breakfast or tea.